

MARGOT ROSSI, M.Ac., L.Ac.

margotrossi.com, [Linkedin](#)

828-536-9030

MISSION

- Champion individual and community wellbeing through health education, lifestyle strategies, self-care, peer support, connection, collaboration, and Asian medicine.
- Inspire and support healthcare professionals in developing embodied presence and fostering healing communication and effective connection with clients/patients.

ASSETS

- Dynamic trainer of Classical Chinese Medicine, mindfulness, therapeutic movement, and ethical communication.
- Expertise, presence, welcome, rapport, communication skills, versatility, professionalism, and humor.

AUTHOR

[To Be Like Water—Cultivating a Graceful and Fulfilling Life through the Virtues of Water and Dao Yin Therapeutic Movement](#), Singing Dragon Press, London, 2021

PROFESSIONAL EXPERIENCE

INTERNATIONAL PRESENTER and TRAINER of DAO YIN, CLEAN LANGUAGE, AND ASIAN MEDICINE
2023

[International Shiatsu Congress](#): *Start Close In: Self-care for practitioners through mindfulness practice and dao yin*

2022

[AOBTA Annual Retreat](#) : *How We Influence Our Patients Through Language—Creating a safe space for engagement, collaboration and insight through ethical communication*

Resistance to Resonance: How working with Clean Language and Presence can revolutionize your practice

[New Energy Work Shiatsu School](#): *Yang Shen – Exploring Nature, Music and Art through Alignment and Attention-Communicating with Qi*

2021

[Five Lights Center](#) : *Moving Like Water*

[Qiological Podcasts and Live Courses](#): *To Be Like Water, Conversations with Qi, Communicating with Qi,*

Listening Like Water, Language Can Make or Break the Clinical Relationship, The Art of Negotiation in Clinical Practice, Movement, Mind and Metaphor

[New Energy Work](#) : *Language is Ki— Cultivating Embodied Presence Through Clean Language, Between Heaven and Earth—Clean Language & Dao Yin for anxiety and depression*

2020

[Metaphorum](#) : *Communicating from Within – Working Clean through Embodied Presence*

[The Embodiment Conference](#) : *Bringing the Body into the Conversation*

[The International Shiatsu Conference](#) : *Ting Shui—The Idea of Sovereignty in Chinese Medicine*

HEALTH EDUCATOR, PROGRAM DEVELOPER and DIRECTOR

[Home Remedies: Community Options Addressing Pain and Stress, Burnsville, NC, 2018-2020](#)

- Designed and directed this federal-, state- and regional funded mindfulness-based health education program addressing chronic pain and stress.
- Created a community of engagement and support through complementary medicines and self-care practices
- Designed and presented a companion health education program for medical doctors
- Orchestrated a community health clinic and direct care program integrating complementary medicines

GRADUATE FACULTY, ADMINISTRATOR, SUPERVISOR, TRAINER

[Daoist Traditions College of Chinese Medical Arts, Asheville, NC](#), 2004-2016

Dean of Students, 2009-2011

Assistant Academic Dean, 2007-2009

Faculty, Clinic Supervisor, Clinical Safety Trainer, 2004-2017

HEALTHCARE PRACTITIONER IN PRIVATE PRACTICE

[Cloud Gate Asian Medical Arts, Burnsville, NC](#), 1994-Present

Licensed acupuncturist, health educator, and business owner.

HATHA AND KUNDALINI YOGA, AND DAO YIN INSTRUCTOR

Variety of venues, short-and long-term programs, 1995-Present

EDUCATION and CERTIFICATION

- Bachelor of Arts in Zoology, 1986, [Connecticut College](#), New London, CT
- Master's in Acupuncture, [Northwest Institute of Acupuncture and Oriental Medicine](#), Seattle, WA, 1994
- National Board Certification in Acupuncture, [NCCAOM](#), 1994
- Post-Master's Chinese Herbal Medicine, [Chengdu University of Traditional Chinese Medicine](#), Chengdu, China, 1997
- Master Practitioner of Neuro-Linguistic Programming, Advanced Neuro Dynamics, Honolulu, HI, 1994
- RYT-200, Yoga Alliance, 2001
- Clean Needle Technique and Clinical Safety Trainer, [CCAOM](#), Chicago, IL, 2010
- Thai Yoga Therapeutic Stretches with Michael Sitzler, Asheville, NC, 2013
- Mindful Educator Essentials, [Mindful Schools](#), 2016
- The Fundamentals of Kundalini Yoga, [Kundalini Yoga U](#), 2017
- Behavioral Treatment of Chronic Pain, [MAHEC](#), Asheville, NC, 2018
- Mindful Educator's Trauma-Informed Care and SEC Training and Mindfulness Retreat, [Peace In Schools](#), Portland, Or, 2019
- Advanced Training in Clean Language with [Nick Pole](#), London, 2020
- Mindfulness, Accessibility and Neurodiversity with [Sue Hutton](#), London, 2021
- Contemplative Group Dynamics with [Lawrence Ladden and Jale Cilasan](#), Bologna, 2020-Present
- Sei-ki London Online training with [Alice Wheildon and Living in Resonance](#), London, 2021
- Listening Space-Advanced Training in mindfulness and Clean Language with [Tamsin Hartley](#), London, 2022
- Advanced training in Dao Yin therapeutic movement with [Jeffrey Yuen](#), Asheville, NC, 2022
- A Mindful Approach to Nonviolent Communication Training with [Oren Jay Sofer](#), 2022
- Continuing education in Chinese Medicine with [Jeffrey Yuen](#), Heiner Fruehauf, Elizabeth Rochat, 2000-Present
- Continuing education in Yoga with [Angela Farmer](#) and [Lesley Fightmaster](#), 1994-Present

SOMATIC & EMBODIMENT EXPERIENCE

- **Yoga:** Hatha, Ashtanga, and Kundalini yoga; **Movement Therapy:** Dao Yin, Taiji Quan, Katsugen, Qigong, Feldenkrais Method, Alexander Technique, Continuum Movement; **Dance:** Classical ballet, modern, bellydance, hula

AWARDS

- Outstanding Achievement Award in Education, 2019 conferred by the North Carolina Cooperative Extension, NC State University and NC A&T State University.